

Feeling under the weather and not your usual self?

Free Health Check

July 2019
15 minute checks

Ross Chiropractic
Clinic and also
Hereford Centre for
Natural Health

TuiNaForHealth.co.uk

Feeling lethargic? Having problems with your energy levels? Aches and pains not going away? Digestion not working as well as it should? Breathing becoming an issue? Usual ailments becoming worse?

With the changing seasons and the unusual weather that we've been having recently then many people are feeling run down and just plain wrong.

Many times we'll just grin and bear it hoping that our body will right itself, or rely on techniques we've used in the past that have usually worked in restoring our body back to its normal health.

However there are times when another perspective on our Health would be welcome.

For the month of July only David Clyant BSc MAcuC MCNHC will be offering free 15 minute health diagnostics at 2 of his clinics. These diagnostics will be mainly relying on his 10 years as a full time Practitioner of Traditional Chinese Medicine plus sensitivity built over 40 years practicing the Taoist Arts of Tai Chi and Qi Gong.

15 minute slots are available by appointment only.

To book your Free Consultation in Ross contact David directly on 07983 336704.

To book in to Hereford please ring the Centre direct on 01432 279653 and state that you'd like a free 15 minute diagnostic consultation with David.